



## VJBL JEWELLERY RULE

Exposed jewellery is not to be worn during any VJBL games.

This also includes any items that are used for decoration. eg. rings, earrings/ studs, nose rings/studs lip rings/studs, necklaces, bracelets, anklets and watches.

Referees should monitor all players' appearance prior to the commencement of the game, looking out for items listed above. If an official establishes that a player has jewellery and or body pierced jewellery the following FIBA Interpretation shall be applied.

Players who wear jewellery that is visible and could cause injury to themselves or to other players shall be instructed as follows;

1. Any player wearing an object that might cause injury (such as those objects listed above) must be politely told of the existence of the rule (referees should not presume that a player is aware of the rule) and be asked to remove the object prior to taking the court.
2. If a player claims that an item cannot be removed, the referee should instruct the player that he/she must cover the object with a suitably protective device such as medical tape. The player may not participate until such time that the referee is satisfied that the object is appropriately covered. – See below for referee responsibility.
3. Where the protective device (e.g. tape) falls off during the game the referee must stop play at the next opportunity and direct the player to remedy the cover. If this occurs more than twice then the referee should instruct the player that they can no longer participate in the game, unless they remove the jewellery.

### **Wrist Bands/ Activity Trackers (i.e. Fit Bit)**

The various rubber, leather and silicon etc. wrist bands (fitness bands) are regarded as objects which may cause injury to other players.

Consequently, players must remove the bands prior to playing or have them covered with adhesive tape, or towelling sweatband, eliminating any possibility of another player getting their finger(s) caught under them.

The player may not participate until such time that the referee is satisfied that the band(s) are appropriately covered. Where the protective device (e.g. tape) falls off during the game the referee must stop play at the next opportunity and direct the player to remedy the cover. If this occurs more than twice then the referee should instruct the player that they can no longer participate in the game, unless the band is removed.

### **Medical information**

Wrist Bands may be worn by players if they are;

1. Not dangerous to other players;
2. Covered using medical strapping tape; or
3. Covered using an athletic sweatband.

### **Referee responsibility**

The referee should prohibit the player from participating in the game in the following circumstances:

1. A referee is not convinced that such a protective measure will adequately overcome the risk of injury;
2. Suitable protective measures are not available; or
3. The player refuses to remove or cover the offending object