



Name _____

DAILY SHOOTING CHART

Date _____

Drill	Set	1	2	3	4	5	6	7	8	9	10	Total
Left Hand Lay ups												
Right Hand Lay ups												
Left Hand Floaters												
Right Hand Floaters												
Bank Shot Left Side												
Bank Shot Right Side												
Right Elbow (toss n catch)												
Left Elbow (toss n catch)												
Top of Key (toss n catch)												
Right Corner (toss n catch)												
Left Corner (toss n catch)												
Crossover Dribble pull up Jumper												
Step Back Dribble pull up Jumper												
Shot Fake Step Through Jumper												
Free Throw												
1 Dribble Pull up Jumper												
2 Dribble Pull up Jumper												
Reverse Pivot Jumper												
3 point pull up jumper												
Total												

BRIAN VAUGHNS – SHOOT IT BETTER DAILY SHOOTING CHART

Select 10 Drills. Record shots made out of 10 Attempts for each drill. Complete 10 Rounds. Record Total Shots made out of 100 shots for each drill. Add total shots made for each drill for total shots made out of 1000 shots. Goal – complete 1000 shots in 1 hour.